What You Need to Know

AT-HOME COVID-19 RAPID ANTIGEN TESTS

At-Home COVID-19 Rapid Tests can help you keep safe!

◆ **WHEN TO TEST:**

Best:

When feeling sick: Test within the first 5 days of feeling sick.
When visiting the elderly, babies, or people with low immunity. Test the same day, right before you visit.

◆ **A PCR test is best, but a rapid test is better than no test:**

When a family member has COVID-19. Test to see if you are infected.
When a friend, coworker, or classmate tells you they have COVID after you saw them: Test to see if you are infected.
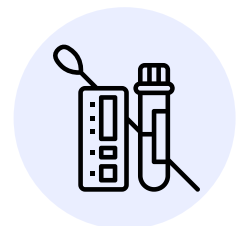
◆ **WHAT IF THE TEST IS POSITIVE?**

It means you have COVID-19. Stay home, keep away from others, wear your mask, and call your doctor. The soonest you can go back to work or school is 5-7 days later (depends on your work or school).
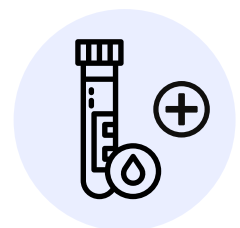
◆ **WHAT IF THE TEST IS NEGATIVE?**

It means you probably don't have COVID. The test is only 80–90% accurate for a negative test. There is a small chance you might have COVID if you test too early after being exposed.
If you really have to make sure, get a PCR test. The next best option is to use the 2nd rapid test in the kit to test again the next day or day after.
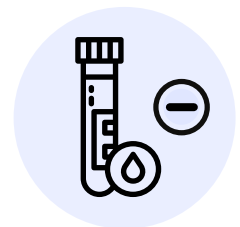
◆ **WHO CAN USE THE TEST?**

Anyone over age 2 for most test kits.

CHARLES B. WANG
COMMUNITY HEALTH CENTER
王 嘉 廉 社 區 醫 療 中 心

Any questions, please call your primary care practitioner.

使用者須知

新冠病毒抗原居家自我檢測

在家快速檢測新冠，幫助確保你的安全
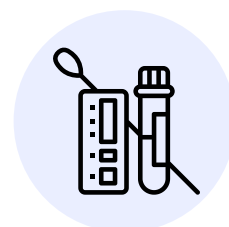
◆ **什麼時候進行檢測：**

最佳時間：

當你感到不適時：在頭5天內進行檢測。

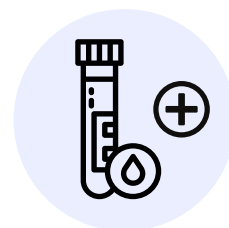當你去探望長者、嬰兒或者免疫力低的人士，請在當天探訪前檢測。

◆ **核酸檢測是最佳的，然而快速檢測比不檢測好：**

當家人患有新冠，請檢測以確認自己是否感染。

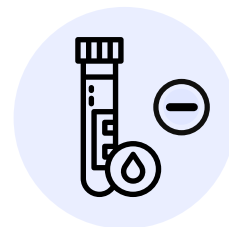當朋友、同事或者同學在與你會面過後告知你他患有新冠，請在會面的兩天之後檢測以確認自己是否感染。

◆ **如果測試呈陽性，我該怎麼做？**

這表示你感染了新冠。請留在家裡，與他人保持距離，佩戴口罩，並且致電你的醫生。你最快可以返回工作或上學是5至7天後 (具體請根據你公司或學校的規定) 。

◆ **如果測試呈陰性，我該怎麼做？**

這表示你可能沒有感染新冠。快速測試對呈現陰性結果的準確度為80-90%。如果你接觸確診者後太早做檢測，即使結果呈現陰性，你仍然有可能感染了新冠。

如果你要確認是否感染，請接受核酸檢測。或者你可以在第二天或之後，使用檢測盒裡第二套檢測。

◆ **誰可以使用快速檢測？**

2歲及以上的人士都可以使用大部分的快速檢測。

CHARLES B. WANG
COMMUNITY HEALTH CENTER
王嘉廉社區醫療中心

如果你有任何疑問，請致電你的家庭醫生。