

## What Do I Do If I Have a Positive COVID Test Result?

If you test positive and would like a telehealth visit to discuss your symptoms/treatment OR if you need a note for your employer, please call your health center for instructions. Please stay home and DO NOT return to your health center if you have tested positive.

## Everyone, regardless of vaccination status:

- Stay home (isolate) for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.
- \*If you have a fever, continue to stay home until your fever resolves.\*

## Directions to follow during your isolation:

- Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.
- Stay in a separate room from other household members, if possible.
- Use a separate bathroom, if possible.
- Avoid contact with other members of the household and pets.
- Don't share personal household items, like cups, towels, and utensils.
- Wear a mask when around other people.
- Notify your close contacts so that they may test and/or quarantine as appropriate.

The above recommendations have been adopted from the latest CDC guidelines (published Dec 27, 2021). Always refer to www.CDC.gov for the most current guidelines as they are updated frequently to reflect the latest known information about COVID-19.

## **Monoclonal Antibody Treatment is Available**

If you become infected with COVID-19, you may be eligible for the Monoclonal Antibody Infusion. The Monoclonal Antibody treatment may help you have milder symptoms and may decrease the likelihood of hospitalization due to COVID-19. You DO NOT need a referral from your doctor. Contact the CareSouth Carolina Infusion Department at 843-758-0044 for more information.

